

# Picking and Legato Exercises

Tune down 1/2 step

- ① = I,    ④ = H
- ② = F,    ⑤ = #
- ③ = " ,   ⑥ = I'

♩ = 120

Use alternate picking for every note, and increase

E-G

BPM accordingly, to improve your picking accuracy

and overall picking speed, and fret-hand strength

9

12 5 2 4 **full** 12 15 12 14 **full** 12 15 12 14 **full** 12 15 12 14 **full**

11

7 10 7 9 **FULL** 7 10 7 10 **FULL** 7 10 7 9 **FULL** 7 10 7 10 **FULL**

12

7 10 7 9 **FULL** 7 10 7 10 **FULL** 7 10 7 9 **FULL** 7 10 7 10 **FULL**

14

14 12 14 12 14 13 14 12 14 12 15 14 12 14 12 14 13 14 12 14 12 15 14 12 14

16

12 15 12 13 12 12 12 15 12 13 12 12 10 13 10 12 10 10 10 13 10 12 10 10 10 13 10 12 10 10

18

8 12 8 10 8 8 8 12 8 10 8 8 12 13 15 12 15 13 12 14 12 13 15 12 15 13 12 14

20

5 12 12 15 12 17 12 11 7 7 11 7 12 7  
16 12 14 12 16 11 8 9 8 11

22

12 9 9 12 9 14 9 14 10 10 14 10 15 10  
12 9 11 9 12 14 11 12 11 14

24

ful ful 15 16 15 18 16 15 17 16 17 15 17 16  
10 13 10 12 10 12 10 12 10 12 10 12

26

18 17 15 18 17 15 14 15 17 15 14 16  
fff f

28

12 11 9 10 9 12 9 10 9 10 9 12 12 13 14 13 12 12 12 16 19

30

9 10 8 12 9 10 8 12 9 10 8 12 9 10 8 12 10 9 7 10 10 9 7 10 10 9 7 10 10 9 7 10

32

12 13 12 15 12 13 12 15 12 13 12 15 12 13 12 15

33

12 9 10 9 10 9 12 9 10 9 10 9 12 9 10 9 10 9 12 9 10 9 10 9 12 9 10 9 10 9

34

14 11 12 11 12 11 14 11 12 11 12 11 14 11 12 11 12 11 14 11 12 11 12 11 14 11 12 11 12 11

35

10 7 8 7 8 7 10 7 8 7 8 7 10 7 8 7 8 7 10 7 8 7 8 7 10 7 8 7 8 7

36

19 16 17 16 17 16 19 16 17 16 17 16 19 16 17 16 17 16 19 16 17 16 17 16 19 16 17 16 17 16

37

22 19 20 19 19 16 17 16 17 14 15 14 14 11 12 11 12 9 10 9

38

12 9 10 9 9 6 7 6 7 4 5 4 10 7 8 7 7 4 5 4 5 2 3 2

39

0 3 2 3 2 3 2 0 0 3 2 3 2 3 2 0

Get to grips with your Wrenny Bar!

40

2 2 2 2 2 2 2 2 2 2 2 2

0 0 0 0 0 0 0 0 0 0 0 0

0 0 0 0 0 0 0 0 0 0 0 0

41

T T T T

10 8 10 12 17 21 12 11 12 14 19 23

5 4 7 12 10 9 10 7 6 9 14 13 11 12 11 12 14 19 23

42

